10 Simple Birding Tips

1. Research what to expect in your area – read up on the Bird of the Week!
2. Wear neutral-toned clothing – colours, like reds and yellows may throw birds off.
3. If you have them, pack binoculars and a field guide to birds (or borrow them from a friend).
4. Take a walk and find a place that birds frequent – treed areas, parks, conservation areas, etc.
5. Once at the location, stay still and quiet.
7. Look with your eyes first to find the bird, then look through your binoculars.
8. Check to see if the bird is solo or part of a flock.
9. Record your sightings.
10. Be kind to the birds; look from a distance and do not infringe on their habitat.

Let's get started!